

ANOTHER
HERB HERBERT
FACT SHEET



SPECIAL INTEREST HERBS
GOURMET VEGETABLES
Shallots Ambition
Allium cepa var. aggregatum



DESCRIPTION

Shallots Ambition produces 2in/5.08 cm round fruits with red/brown skin and white flesh. It is fairly easy to grow and has a very delicate flavor. Shallots Ambition is more mild in comparison to onions, so they tend to be easier to digest. Shallots Ambition is a bolt-resistant variety, with the Shallots being suitable for long-term storage. Shallots Ambition has been described as the perfect exhibition shallot due to its perfect and attractive shape.



PROPERTIES

Shallots are full of vitamins, minerals and antioxidants, including vitamin A, C and folate.



CULTIVATION

Shallots require a rich, sunny, well-drained soil.

Planting is usually done anytime from late Autumn to early Spring as they can withstand very cold winter conditions and extreme frosts. Set at 15 cm apart and bury the bulb to half their height leaving the tops protruding. pH levels 6-7 are desirable so if soil is a little acidic, some lime can be added.



GROWTH

Shallots Ambition grows to an approximate height of 18-24in/45-60cm and should be planted 6-9in/15-22cm apart. The Shallots themselves will grow to 2in/5.08cm around.

HARVEST

Harvest when leaves begin to wither then spread out on trays and leave in the sun for several days. Once dried the skin will feel dry and papery. They can be stored in a dry, airy place similar to garlic.



USES

Companion Planting

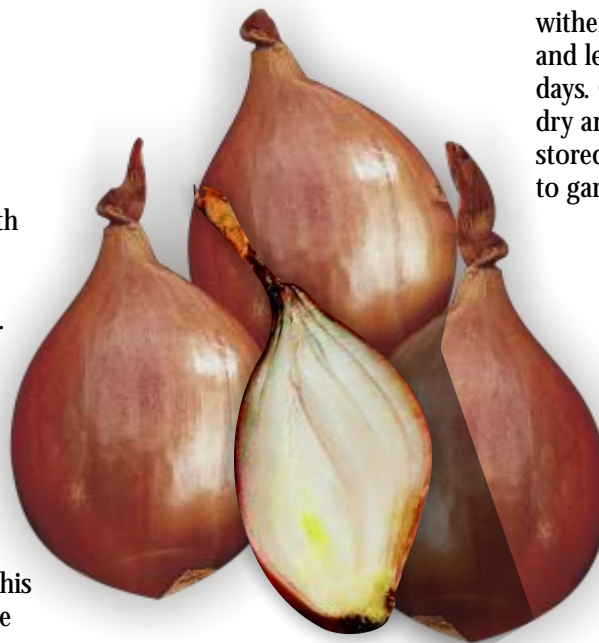
Grow shallots with cabbage as they are good companion plants but do not grow well near peas and beans.

Medicinal

Much like onions, they have an anti-bacterial properties and can protect against infection.

Culinary

Shallots can be used in many dishes either raw or cooked. This particular variety is said to taste great when sauteed with butter.



Any enquiries can be directed to:

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