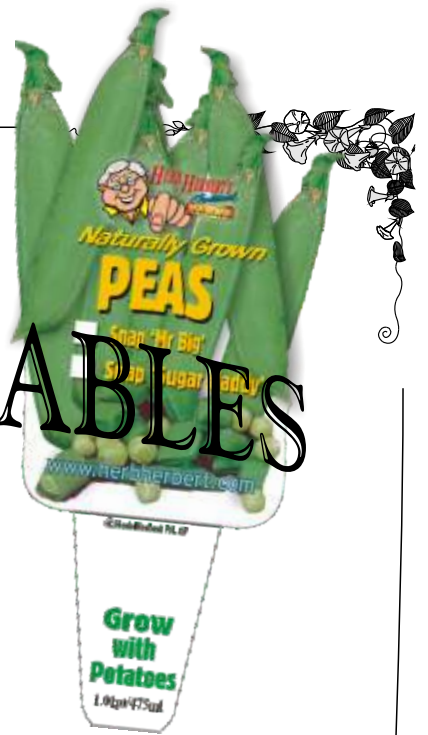


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Snap Pea



DESCRIPTION
Snap Peas are a very versatile little green. Similar to the Snow Pea, you can eat them in their tender pods, or you can shell them and snack on the individual peas found inside. They are rounder than the Snow Pea, but are still very sweet and go great in salads as well as stir-fries. These peas will not open or twist when ripe and will remain closed unless forced open after picking. They are a bright, fresh green color with a smooth, velvety feel to the outer and inner skins. True to their name they 'snap' and maintain crispness even after harvest. They grow to about 2 -3 in/5-7cm when mature.
'Mr Big' Dark green shelling pea. Plant produces high yields. 59 days.
'Sugar Daddy' (Bush) Compact and edible pod snap. 24in/61cm vine. Full season, 62 days.



GROWTH
The Snap Pea will take about 65 days from sowing to harvest, but once planted they really need little attention. The vine will grow about 5-6ft/1.5-1.8m tall, they need a trellis or fence to grow upon, but you can really grow them on any structure as their vine like tendrils will curl tightly around just about anything. They are also great for landscaping a pretty garden. Best to sow the seeds about 1in/2.5cm deep and 15in/38cm apart in rows. You can space your rows about 3 ft/91cm apart, to allow plenty of room for the vines to fill out.



CULTIVATION
Apart from planting, watering and harvest the Snap Pea vine needs very little attention. They are on the whole disease resistant but it's worth keeping an eye out for aphids, which can be removed with a blast of water. They grow well in cool weather and are tolerant of frost. Plant early in the spring and harvest before the weather heats up too much. You'll know when your Snap Peas are ready when the pods are tight with peas, don't wait until the pods loosen as this will mean dry, hard fruit which are less sweet. Your Snap Peas will have a staggered harvest and you can store them in plastic bags in the refrigerator for a few days. Best to freeze if not intended for immediate use.



SES
Snap Peas really are the perfect little food. They are great for snacking raw or work perfectly with almost any dish from risottos to casseroles, stir-fries, soups, roasts and even salads. They are protein-rich, low in fat and are packed with vitamins and minerals. They are sweet and delicious when boiled and covered in butter and salt too. You can freeze them and they retain their color and flavor. You can also eat them dried with spices.



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